Vertical and Horizontal Jumps				
9:00 a.m 10:15 a.m.	10:30 a.m 11:45 a.m.	Noon - 1:15 p.m.	1:30 p.m 2:45 p.m.	
C2 Boys High Jump	C3 Boys High Jump	C2 Girls High Jump	C3 Girls High Jump	
C3 Girls Triple Jump	C2 Girls Triple Jump	C3 Boys Triple Jump	C2 Boys Triple Jump	
C3 Boys Long Jump	C2 Boys Long Jump	C3 Girls Long Jump	C2 Girls Long Jump	
Pole Vault				
9:00 a.m 10:30 a.m.	11:00 a.m 12:30 p.m.	1:00 p.m 2:30 p.m.	3:00 p.m 4:30 p.m.	
C2 Girls	C3 Girls	C2 Boys	C3 Boys	
Throwing Events *NOTE: Rolling Schedule				
8:15 a.m 9:15 a.m.	9:30 a.m 10:30 a.m.	10:45 a.m 11:45 a.m	Noon - 1:00 p.m.	
C2 Girls Discus	C3 Girls Discus	C2 Boys Discus	C3 Boys Discus	
C2 Boys Shot Put	C3 Boys Shot Put	C2 Girls Shot Put	C3 Girls Shot Put	
1:15 p.m 2:15 p.m.	2:30 p.m 3:30 p.m.	3:45 p.m 4:45 p.m.	5:00 p.m 6:00 p.m.	
C3 Girls Javelin	C2 Girls Javelin	C3 Boys Javelin	C2 Boys Javelin	

^{*}Note: Due to the throwing events limited on when the Javelin and Discus can be thrown, there will be a rolling schedule to the next throwing event.

Implement Check-in: 7:15 a.m. @ the shed by the Shot Put and Discus Areas

Coaches Meeting 7:30 a.m. in the weight room behind the bullpen of the track. ONLY COACHES are allowed in the weight room. Please make sure your athletes do not enter the weight room or school buildings.

Running Event Time Schedule

Per MSHSAA manual, Boys precede girls in even number years and even class runs first Class 2 will run before Class 3

Time	Time Gender Event		
11:00 a.m.	Boys	4x800m Relay	
11:30 a.m.	Girls	4x800m Relay	
Noon	Boys	110m Hurdles	
12:10 p.m.	Girls	100m Hurdles	
12:20 p.m.	Boys	100m Dash	
12:30 p.m.	Girls	100m Dash	
12:40 p.m.	Boys	4x200m Relay	
12:50 p.m.	Girls	4x200m Relay	
1:00 p.m.	Boys	1600m Run	
1:20 p.m.	Girls	1600m Run	
1:40 p.m.	Boys	4x100m Relay	
1:50 p.m.	Girls	4x100m Relay	
2:00 p.m.	Boys	400m Dash	
2:10 p.m.	Girls	400m Dash	
2:25 p.m.	Boys	300m Hurdles	
2:35 p.m.	Girls	300m Hurdles	
2:45 p.m.	Boys	800m Run	
2:55 p.m.	Girls	800m Run	
3:05 p.m.	Boys	200m Dash	
3:15 p.m.	Girls	200m Dash	
3:25 p.m.	Boys	3200m Run	
3:55 p.m.	Girls	3200m Run	
4:25 p.m.	Boys	4x400m Relay	
4:35 p.m.	Girls	4x400m Relay	

