

2026

Class 2 & 3 Sectional 1 Meet

Date: Saturday, May 16th, 2026

Site: Dexter High School / Dexter, Missouri

Time: 8:00 AM Implement Weigh-ins at the center of the infield by the tables

9:00 AM Coaches Scratch Meeting (Scratches only) in Red Football Field House

10:00 AM Field Events Start (More details on gender order below)

11:00 AM Running Events Start

We will only roll the schedule in the event of inclement weather or if we are extremely behind schedule for some reason.

2026 Double Sectional Time Schedule

General Guidelines for TRACK EVENTS:

- Girls shall compete first in Odd Years
- Boys shall compete first in Even Years

- In Double Sectional Meets:

- Class 2 Competes First / Class 3 Follows

Implement Weigh-in Begins @ 8:00 am in the Football Fieldhouse Garage

Coaches Meeting @ 9:00 am in Red Football Fieldhouse

Field Events

Pole Vault will ROLL with a 30-minute warm-up between sessions.

10:00-11:30	12:00-1:30	2:00-3:30	4:00-5:30
Class 2 Boys Pole Vault	Class 3 Boys Pole Vault	Class 2 Girls Pole Vault	Class 3 Girls Pole Vault
Class 3 Girls High Jump	Class 2 Girls High Jump	Class 3 Boys High Jump	Class 2 Boys High Jump
Class 3 Boys Long Jump	Class 2 Boys Long Jump	Class 3 Girls Long Jump	Class 2 Girls Long Jump
Class 2 Girls Triple Jump	Class 3 Girls Triple Jump	Class 2 Boys Triple Jump	Class 3 Boys Triple Jump
Class 2 Boys Shot Put	Class 3 Boys Shot Put	Class 3 Girls Shot Put	Class 2 Girls Shot Put

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Class 2 Boys Pole Vault	Class 3 Boys Pole Vault	Class 2 Girls Pole Vault	Class 3 Girls Pole Vault
Class 3 Girls High Jump	Class 2 Girls High Jump	Class 3 Boys High Jump	Class 2 Boys High Jump
Class 3 Girls Discus	Class 2 Girls Discus	Class 2 Boys Discus	Class 3 Boys Discus
Class 2 Boys Javelin	Class 3 Boys Javelin	Class 2 Girls Javelin	Class 3 Girls Javelin

Running Events (Class 2 will run, then Class 3)

11:00 AM Boys 4x800m Relay
 11:30 Girls 4x800m Relay
 12:00 PM Boys 100m Hurdles
 12:10 Girls 110m Hurdles
 12:20 Boys 100m Dash
 12:30 Girls 100m Dash
 12:40 Boys 4x200m Relay
 12:50 Girls 4x200m Relay
 1:00 Boys 1600m Run
 1:20 Girls 1600m Run
 1:40 Boys 4x100m Relay
 1:50 Girls 4x100m Relay
 2:00 Boys 400m Dash
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 2:20 Boys 300m Hurdles
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 2:40 Boys 800m Run
 2:50 Girls 800m Run
 3:00 Boys 200m Dash
 3:10 Girls 200m Dash
 3:20 Boys 3200m Run
 3:50 Girls 3200m Run
 4:20 Boys 4x400m Relay
 4:30 Girls 4x400m Relay

MEET MANAGER - JOSH DOWDY - jdowdy@dexter.k12.mo.us - (573) 421-0023

CHAD JAMERSON - cjamerson@dexter.k12.mo.us - (573) 233-4459

ENTRY QUESTIONS: Paul Golian - paul@trxctiming.com

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We will only roll the schedule in the event of inclement weather or if we are extremely behind schedule for some reason.

Admission Charges: Tickets will be available through Hometown Ticketing

Pass List: The list is for school personnel necessary for a school's team to be able to successfully compete

- **Persons who should be listed:** high school coaches, managers, athletic trainers, bus drivers, administrators
- **Persons who should not be listed:** Spouses and children, junior high coaches, non-competing athletes
 - This Pass list must be completed by Thursday, May 14th, at 12:00 p.m. (Noon). Finalize Pass list entered on the MSHSAA.org

Entries: Entries must be submitted by the head coach on Athletic.net by Tuesday, May 12th @ 12:00pm (Noon). NO substitutions after Wednesday, May 13th, 12:00pm. (Noon)

Number of Entries:

- Competitor event entry limits: See Section 2.E.1.b
- Individual events - 2 entries per gender / per school
- Relays - 1 entry per gender / per school
- Additional Qualifying Individual Entries: Schools may enter additional competitors provided all competitors meet the minimum qualifying standards
 - All competitors may have met the qualifying standard.
 - All performances must be certified by the MSHSAA office before the entry deadline.

Performance Marks:

- Only those marks listed on mo.milesplit.com will be used for district entries.

- Marks found to be entered in error will result in an NT or ND for seeding
- Only marks made on varsity hurdle heights are acceptable.

Entry / Performance Mark Protests:

- Any coach may protest the legitimacy of an entry or performance mark.
- Protests must be submitted via email
- **Protest Deadline is Wednesday May 13th, 12:00pm (Noon)**

Substitutions:

- Substitutions are only allowed until Wednesday, May 13th, at 12:00 pm (Noon). Substitutions after the deadline will only be considered in the case of a documented injury or illness. These substitutions are considered late entries, and a \$50 fine will be assessed.

Failure to Report:

- If a relay team does not check in, all runners listed will be attached to the event, and all 8 will be disqualified.

Scratch:

- If athletes report and scratch the team from the relay, only the 4 listed as competitors will be attached to the event.

Event Count:

- The relay team and four designated members to run become competitors after the relay team reports to the clerk of the course. This event now counts as an event in which each of the four (4) listed competitors competed.

State Series Advancement: Sectionals to State

- Top 4 Individual finishers in each event / per gender
- Top 4 relay teams in each event / per gender
- **Individual:** Medals will be awarded to the top four (4) place winners in each event.

Timing / Results: TRXC Timing

Distance Events: 800 will be a double waterfall start

1600 & 3200 will be a double waterfall start with all competitors in one heat (one race for boys, one for girls) unless it is necessary to have more.

Hospitality: Coaches and Bus Drivers are allowed in Red Football Field House anytime throughout the day as long as they have their bracelets on.

Concessions: Concessions will be sold from the main entrance to the school.

Scoring: Individuals and Relay Events – 10,8,6,5,4,3,2,1

Officials: Head Track Official - Don Harris
Head Field Official - Larry Clair

Assistant Track Official - Jim Stoverink, Sr.
Assistant Track Official - Ken Cook

Field Event Expectations: Athletes are expected to remain at the field event until at least 2nd call of a track event; then, they must report to the field event judge that they are leaving the field event. At that time, athletes will be told they have 15 minutes to return and continue competing. Upon being permitted to leave the event, the athlete will be given a note stating the departure time and the expected 15-minute return time. This note is expected to be shown during their return to the event judge when the athlete checks back in. If they will not make it back to compete and need more time,

the athlete or a coach should report back to the event judge and request an extension along with a new 15-minute excusal note, that states the extension time and expected check-back-in time, rather than leaving the event stalled out of respect for the other athletes. Failure to report to field events in 15 minutes will result in an inability to complete warm-ups and/or forfeit their attempt at a throw or jump. Once the field event has started, warm-ups will not be permitted. The only athletes that are allowed warm-up time after events begin are those choosing to enter at heights other than the starting height in pole vault and high jump.

- Example: 10:00 am Joe is vaulting and needs to run the 100m. Joe must check out with the head event judge. The head event judge should hand Joe a check-out note marked with the exit time and the expected return time. Exit Time: 10:00 am / Return Time: 10:15 am. Joe must return this note to the head event judge to check back in. If Joe is not checked back in by 10:15 am and his attempt rolls around, the event judge will call his name, and after one minute, his attempt will be considered a miss.

● **BOTTOM LINE- PLEASE RESPECT THE WORKER AND OTHER ATHLETES' TIME!!**

Class 2 & 3 Sectional 1 Field Events

Finals: Long Jump, Triple Jump, Discus, Javelin, and Shot Put will be Finals only.

All jumpers will get (4) attempts while competing in reverse order.

The top four competitors will move on to state.

- **Long and Triple Jump: Finals** (4) attempts - Top four move on
- **High Jump: Starting Height TBA. Finals** - Top four move on
- **Pole Vault: Starting Height TBA. Finals** - Top four move on
- **Throws: Finals** (4) attempts - Top four move on

2. F Electronic Devices: Devices are permitted to be used in unrestricted areas and coach's boxes

- Communication Devices: The use of cell phones or other communication devices is prohibited during competition. Use is a disqualifiable offense.
- May not be used to review an official's decision

Equipment:

- ¼ inch spikes only.
- Throwing implements **WILL** be pooled after check-in and taken to the competition site. ● **Equipment check-ins will take place at the center of the infield, located by the tables.** ● Only chalk & cones will be allowed for jumping marks, the tape will be pulled off if seen, and remeasuring will not be allowed if the event has started.

- Rule 6-7-1 states, " A marker shall not be placed **ON** the runway or in the landing pit. Markers may be placed alongside the runway to assist in the run-up and take-off.

Games Committee / Jury of Appeals:

Notre Dame, Kennett, Scott City, New Madrid County Central, Herculaneum, Brentwood,

Lutheran North, Dexter, Chaffee

Track Surface Changes to Note:

- 4x100 Exchange Arrows - White - Yellow to Yellow
- 4x200 Exchange Arrows - White to white followed by RED to RED; Final Exchange Yellow to Yellow
- 300 Meter Hurdle Placement Marks - RED
- 100 Meter Hurdle Placement Marks - Yellow
- 100 Meter Hurdle Start Line - White
- 110 Meter Hurdle Placement Marks - Blue
- 110 Meter Hurdle Start Line - White

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